



**British & Irish Association
of Stroke Physicians**
Advancing stroke medicine

July 2023

BIASP Exec Message



Prof Gillian Mead
BIASP President

As summer approaches, I would like to thank you for all that you do for patients, their families and for the wider NHS. The BIASP executive continues to meet monthly, to focus on delivery of the four key components of our strategy: clinical service standards (including workforce), teaching and training, research and external engagement. Sustainability and equality, diversity and inclusion underpin all that we do. Further details of our 2021 to 2024 strategy can be found on our website, along with detailed information about our activities and upcoming events.

I'd particularly like to highlight the upcoming 2023 UK Stroke Forum, at the ICC in Birmingham, 4th to 6th December 2023. Planning is well underway and it promises to be an excellent conference. I hope to see you there!

In the meantime, please don't hesitate to get in touch and let us know how we can better support you; we always love to hear from you.

Dr Tom Hughes, the BIASP Executive Lead for Wales, regularly reminds me that 'Diastole is the most important part of systole'. I do hope that you will get the opportunity for some rest and recuperation over the summer.

Warm wishes
Gillian

BIASP Executive Committee Vacant Post



BIASP would like to invite nominations for the following post on the Executive Committee
This post welcomes applications from **FULL** BIASP members only

Executive Lead for Northern Ireland - 3 year term (maximum 2 terms)

[CLICK HERE](#) for information
[CLICK HERE](#) for the nomination form

BIASP Award



Who do you believe should be nominated for the BIASP annual President's Award?

Nominations Open **01/08/2023**
Closes **11/09/2023**

[CLICK HERE](#) for the nomination form

BIASP Training & Education Subcommittee Update

A really exciting development this month has been the first pilot of the new national Acute Stroke Simulation Course.

[CLICK HERE](#) to read Dr Shaw's report



Dr Louise Shaw
Training & Education Subcommittee Chair

Images of Acute Stroke Simulation Course pilot



BIASP ED&I Update



Dr Soma Banerjee
ED&I Lead

We remain committed to progressing our current key areas of focus within ED&I. The advert for a SAS doctor leadership role within BIASP will be released soon, and I'd like to encourage as many SAS doctors as possible to apply. This is a real opportunity to bring in better awareness and meaningful change at a national level. Data remains scarce regarding the contribution of SAS doctors across stroke departments up and down the country. I am working with BIASP executive board colleagues to gather better data on this at an ISDN level.

Planning for the UKSF is in full swing. I am delighted that we have another dedicated ED&I session planned, with full details to follow later in the year.

NEW 2023 National Clinical Guideline for Stroke

Updated National Clinical Guideline for Stroke now available

The 2023 edition of the National Clinical Guideline for Stroke for the UK and Ireland is now available. Over half the recommendations are new or have been updated. Big changes in the evidence base since the previous edition in 2016 have led to significant updates in three main areas:

- A big expansion of patients eligible for thrombolysis and thrombectomy
- More intensive interventions in secondary prevention – antiplatelets, cholesterol, blood pressure
- More intensive rehab in hospital and at home to promote motor and language recovery.

This is a 'five nations' guideline for the first time ever, covering all of the UK and the Republic of Ireland. The guideline is endorsed for use in clinical practice by the Royal College of Physicians (London), the Scottish Intercollegiate Guidelines Network (SIGN) and the Royal College of Physicians of Ireland.

[CLICK HERE](#) for the Online-only publication

[CLICK HERE](#) for the plain language summary for people affected by stroke.

Take up Stroke Fellow Update

TakeUpStroke



This month's update is from Dr Roisin Trainor:

'Post-traumatic growth' is a phenomenon well established in psychology literature, but not one I was familiar with before attending the BIASP trainees' meeting in Cambridge. I like to leave any conference or learning environment with a 'Take home message' and that is one which has stuck with me..... [CLICK HERE](#) to read more

BIASP Medical Student Essay Prize - Results

BIASP Medical Student Essay Prize 2023 Results

Commended Entry:

[Oscar Han](#)

Click on name to read their essay



Is your member profile up to date?



You can now access the new and enhanced BIASP membership system. This allows us to know and understand our membership better to tailor the benefits we can deliver.

Please check and update your details, ticking all options which are relevant to you, particularly any other organisations you may also be a member of. This will only take a few minutes.

[CLICK HERE](#) to login to the members area.

Mentorship Programme



**We are now going live with the new BIASP mentorship scheme.
CPD approved, 3 points**

**Next ALS Training Day - 20 October 2023, 13:30 - 16:30
Complete the modules and book your place**

Many of you have volunteered to become mentors, or have requested to become a Mentee.

As part of this scheme we have developed online training materials which may be of interest also to those of you who have not yet volunteered to Mentor, and are free of charge for all members to complete. CPD points on completion of mentor training.

[CLICK HERE](#) for the flyer

[CLICK HERE](#) to access the training materials

Are you interested in being mentored?

We are also looking for mentees to participate in this programme. This opportunity is open to those enrolled in early specialty training, including IMT3, in a stroke parent specialty.

Register your interest by completing the form via the link [HERE](#)

BIASP Green Stroke Care Blog



The BIASP Green Stroke Care blog aims to present issues of relevance and interest to those working to improve the sustainability of stroke care for the benefit of people and planet.

We welcome a range of blogs from all those working in stroke care and stroke survivors from projects to personal reflections – please get in touch if you would like to submit an item admin@biasp.org.

[CLICK HERE](#) to read the blogs submitted

Member Benefits & Discounts

NEW Benefit for Current and New Members - 20% Discount

Our new benefit started on 1st June 2022 and is for those members who work less than full time, if you work 8 PAs or less, when membership is due for renewal or when a new member joins.

Current members should send in their job plan to admin@biasp.org at least one month before their renewal date.

The 20% discount will be applied upon review of the job plan.



Other Association discounts available for BIASP Members
[CLICK HERE](#) for more information



Research Updates & Opportunities



If you have any research opportunities you would like us to promote please email admin@biasp.org



Research Funding Opportunities 2023/2024

Following the response to the 2021 JLA PSP for stroke, [CLICK HERE](#)

[CLICK HERE](#) to view the advance notice of the funding calls planned for launch this year

Surveys

Online survey by Stroke Research Team at the University of Central Lancashire

To explore healthcare professionals' experiences of using pelvic floor therapies for people with urinary incontinence after stroke, closes end of July.

[CLICK HERE](#) for the advert

[CLICK HERE](#) for the survey

RCP 2022 census of UK consultants and SAS doctors

At this critical time for the NHS workforce throughout the UK, please help influence national policy by completing this year's Physicians' Census.

[CLICK HERE](#) for more information

[CLICK HERE](#) to access the non-personalised link to the survey

Stroke Association, Saving Brains Campaign



Thrombectomy saves brains, saves money and changes lives. It's one of the most effective medical interventions ever discovered. But most people who need this treatment don't get it. It's subject to availability.

Find out about the Stroke Association's campaign across the UK nations by clicking on the report for each nation:

Saving Brains in [England](#)

Saving Brains in [Northern Ireland](#)

Saving Brains in [Scotland](#)

Saving Brains in [Wales](#), [Welsh version](#)

Thrombectomy in Republic of Ireland:

[Republic of Ireland](#)--the National Stroke Strategy 2020-2025 Endovascular thrombectomy p.27

Virtual Learning Hub



BIASP are hosting monthly 1-hour webinar sessions with the opportunity to ask the presenters questions at the end of each session. The live webinars will also be uploaded to the Virtual Learning Hub in the BIASP Members-only section for you to watch any time afterwards.

Each webinar is **free** to attend, you must register in advance for each live session. A certificate will be issued for those who attend more than 75% of the session, and complete a short evaluation that appears on the screen directly after the session.

Click [HERE](#) to view past webinars on the BIASP Virtual Learning Hub.

Date for 2023 for your diary, further details will follow:

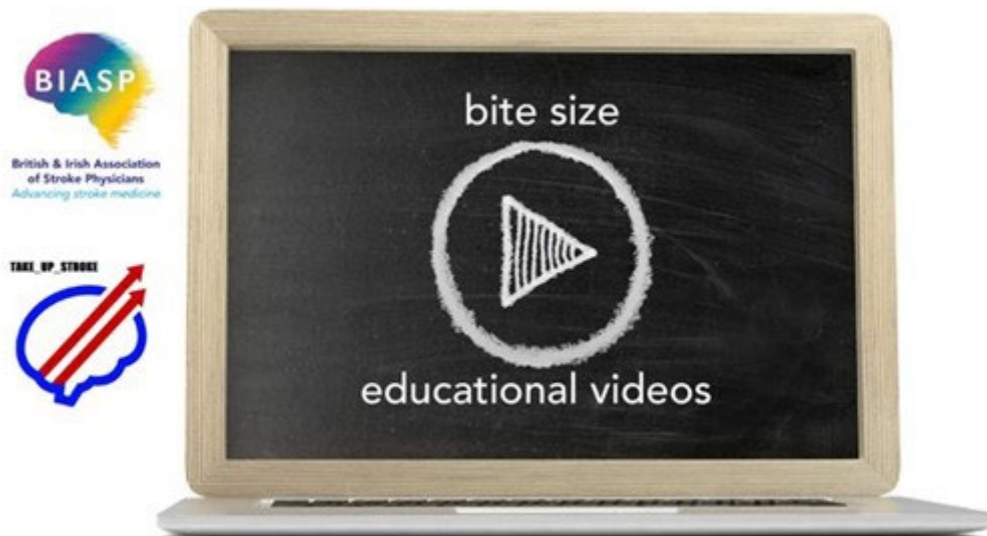
Summer break July and August

Webinar 23: Exercise interventions to promote cardiovascular health after stroke - Sep 21

Webinar 24: Stroke in the elderly - Oct 18

Webinar 24: Mobile Stroke Unit - Nov 22

Bitesize Educational Hub



Bitesize videos are now available to view on the BIASP website.
Topics include:

- **Why I love Stroke**
- **Joys of working as an MDT**
- **Why I chose stroke as a career**
- **A patient's journey**

[CLICK HERE](#) to view them.

Contact admin@biasp.org for further information if these inspire you to film a video of your own.

Education

MRes in Stroke degree at Cardiff Met University for the 2023 entry

This FT or PT MRes in Stroke consists of:

3 taught modules each of 20 credits:

*2 are research methodology.

*1 module of clinical stroke from prehospital to longer term care

These 3 modules alone qualify for a PG cert.

The stroke module can be done alone to get 20 credits of CPD that can also be used as part of another qualification.

For the full MRes there is then a 120 credit research project and dissertation. The projects can be done back at the workplace.

[CLICK HERE](#) for the flyer

[CLICK HERE](#) for the link for MRes in Stroke

Master of Advanced Studies in Stroke Medicine 2024 - 2026

[CLICK HERE](#) for the flyer

Application deadline 30 September 2023



For the SSEF role profile library on:

- Advanced Clinical Practitioners
- Nurses
- Occupational Therapists
- Therapy Assistants and more

[CLICK HERE](#)

Different Strokes Charity for younger stroke survivors have a series of webinars every fortnight to engage with beneficiaries and health care professionals.

Webinars are accessible for all to see,

[CLICK HERE](#)



Events

Upcoming events will be listed here in future, if you have an event you wish to promote please contact admin@biasp.org



18th UKSF 2023 - Registration is now OPEN

Early Bird Closes 31st August

5% discount for group bookings of 5 or more

ICC Birmingham

4-6 December 2023

[CLICK HERE](#) for Information

[CLICK HERE](#) to Register

Join us to share more unmissable ground-breaking research, as we scrap our traditional UKSF programme format. New and exciting ways of learning will be introduced, designed to get VALUE for your money and time. Short, long, group and individual sessions will be introduced as we start a new chapter for the UK Stroke Forum.



2023 Improving Continence in Older People Meeting

Date: 15 September 2023

Location: ETC Venues, Manchester

Topics: Neurological Conditions and Continence, Urinary and Bowel Incontinence Treatments, Community Continence Care, Physiotherapy interventions to improve urinary and faecal continence, Pelvic Floor Health

The meeting has applied for 6 live CPD credits

[CLICK HERE](#) to register to attend



2023 UK Stroke Research Workshop

26-27 September 2023

Building Centre, 26 Store St, London WC1E 7BT

The 2023 UK Stroke Research Workshop, organised under the auspices of the NIHR CRN Stroke Speciality and generously supported by the British and Irish Association of Stroke Physicians and the Stroke Association, will be held on 26th and 27th September 2023 in London. The meeting will be in person.

[CLICK HERE](#) for the flyer

Abstract submissions now closed

A number of fully funded bursaries (registration fees, accommodation and dinner as well as £100 towards travel) are available for medical students.

[CLICK HERE](#) to register and for more information

Belows are some of the speakers attending:

Stuart Allen, Prof Avril Drummond, Prof Parachkev Nachev, Dr Zahraa Al-Almady, Prof Karen Klijn, Prof Alex Leff, Dr Anna Kuppuswamy, Dr Gargi Banerjee, Prof David Seiffge, and Prof Hannah Cohen

**WSC 2023!
October 10-12, 2023 | Toronto, Canada**

[CLICK HERE](#) to register to attend

The 15th World Stroke Congress (WSC 2023) will assemble the international stroke community to work together to reduce the burden of stroke by delivering improvements in prevention, treatment and recovery. Join global professionals to discuss the latest science, clinical trials, breakthroughs and guidelines to stroke prevention. Connect to a global network committed to provide quality stroke care through skill-building and high-quality research and help us keep the stroke community united at WSC 2023!

[CLICK HERE](#) for more information and registration

[CLICK HERE](#) for the programme

[CLICK HERE](#) for Young Investigator Award eligibility and rules

**The fourth annual BRAIN Conference
Monday 4th until Wednesday 6th December 2023
etc.venues 155 Bishopsgate, London**

Welcoming neuroradiologists, endovascular neurosurgeons and allied health professionals from all over the world, to attend this exciting and innovative meeting. International experts and key opinion leaders from across the world will once again be a part of the faculty and will provide education on a range of different topics, including

stroke, aneurysms, new technology and much more!

[CLICK HERE](#) for more information and registration



[CLICK HERE](#) for more information

[CLICK HERE](#) for abstract submission - closes **20th December 2023**

Details on registration to follow

Career Opportunities

BIASP lists NHS jobs on their website free of charge, to list your advert contact admin@biasp.org

Here are the latest adverts for NHS stroke jobs. Click below for further information.

[Specialty Doctor in Stroke Medicine](#), Huntingdon, Peterborough & Stamford, closes 30 July

[Locum Consultant in Stroke Medicine](#), Stevenage, closes 30 July

[Locum Stroke Consultant](#), Nottinghamshire, closes 31 July

[Consultant Stroke Physician](#), Camberley, closes 31 July

[Consultant in Stroke Medicine](#), Southampton, closes 31 July

[Consultant in Stroke Medicine](#), Kingston upon Hull, closes 2 August

[Consultant Physician in Stroke Medicine](#), Isle of Wight, closes 6 August

[Consultant Physician in Stroke Medicine](#), Telford & Shrewsbury, closes 9 August

[Locum Consultant in Stroke Medicine](#), Kingston upon Hull, closes 15 August

[Consultant Physician in Stroke Medicine](#), Bridgend & Merthyr Tydfil, closes 16 August

[Locum Consultant in Stroke Medicine](#), Whitehaven & Carlisle, closes 16 August

[Consultant Physician with Special Interest in Stroke Medicine](#), Wrexham, Bangor & Bodelwyddan, closes 17 August

[Consultant in Stroke Medicine](#) (2 posts), University Hospital Southampton NHS Trust, closes 31 August

Other Job Opportunities

Clinical Senior Lecturer or Clinical Reader in Stroke Medicine

Department of Brain Sciences, Faculty of Medicine
Imperial Stroke Centre, Charing Cross Hospital campus

Exciting opportunity for a new academic post involving a collaboration between the Imperial NHS Stroke Centre and Imperial College.

[CLICK HERE](#) for the advert

Closing date 14 August 2023

Please email Dr Soma Banerjee, soma.banerjee@nhs.net, if interested in discussing further

Research Registrar in Vascular Neurology to Professor Dominick McCabe

Dept. of Neurology, Tallaght University Hospital (TUH) / The Adelaide and Meath Hospital, Dublin, Incorporating the National Children's Hospital (AMNCH), Trinity College Dublin (TCD), ideally commencing September 1st 2023. The start date is negotiable and an earlier start date is also possible.

[CLICK HERE](#) for more information and how to apply
[CLICK HERE](#) to access the VNRF.ie website

HEE Podcast

New podcast - Health Education England (HEE) releases podcast discussing stroke careers

The HEE Stroke Careers Podcast series takes an in depth look into stroke medicine careers including real life experiences, the career pathway and how we deliver care across the country.

This episode is jointly hosted by Dr Deborah Lowe, National Clinical Director for Stroke Medicine at NHS England and Dr Jon Cooper, Stroke Consultant in Yorkshire and the Humber and Postgraduate Dean at Health Education England. They discuss their career pathways, the benefits of a career in stroke, and opportunities for the future workforce.

You can listen to this podcast on HEE's [Anchor FM channel](#).

If you would like to learn more about Health Education England's work around stroke you can email: ltcp@hee.nhs.uk or visit the [stroke page on the HEE website](#).

Training Opportunities

Excellent and **freeonline stroke brain imaging training resources** at the University of Edinburgh:

- Acute cerebral CT evaluation of Stroke Study (ACCESS)
- BASP CT training lecture
- Acute CTA for thrombectomy in Stroke (ACTATS)

[CLICK HERE](#) to access the training

Free Neurology/Stroke Learning Resource

Neuropodcases is a free, podcast learning resource on clinical neurology and stroke, suitable for students, trainees, consultants and allied health professionals. These have been created by a team of Neurology trainees and consultants.

Podcasts are available to download on Apple/Spotify or via the website

<https://www.neuropodcases.co.uk/>

@NPodcases

If you have any suggestions please get in touch with us contact@neuropodcases.co.uk

Online NIHSS Training

To access the **free version** of the training individuals need to register and login [HERE](#)

Online training 'Hyperacute Stroke Treatments Including Thrombolysis & Thrombectomy' - STARS Advancing Module

[CLICK HERE](#) to access this resource for free. A certificate is awarded on successful completion of both the module and the module test.

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Please note that if you unsubscribe you will receive no future updates from us for any relevant events etc that may be of interest to you. To unsubscribe, click [here](#)