



**British & Irish Association
of Stroke Physicians**
Advancing stroke medicine

April 2023

BIASP Exec Message



Prof Rustam Al-Shahi Salman
BIASP Past President

Now that we can expect several randomised trials to inform therapeutic advances in stroke care every year, it's important to have up-to-date guidelines. We now have exactly that in the first-ever [National Clinical Guideline for Stroke for the UK and Ireland](#), which applies to the whole BIASP membership. Please send your feedback to strokeguideline@kcl.ac.uk and copy BIASP into your email. The Executive Committee are interested to hear the view of the community. Future BIASP webinars are likely to cover the content. But updates are likely to be needed again soon!

At BIASP, I am delighted to announce that Liz Warburton has been re-elected as Treasurer and Jason Appleton has been appointed to succeed Yvonne Chun as External Engagement lead. We are tremendously grateful to Yvonne for all of her hard work as the inaugural External Engagement lead: she has set a 'high bar' for Jason! We are also

working up a description for a Specialty doctors And Specialist grade doctors (SAS) representative and rolling out the new mentorship scheme.

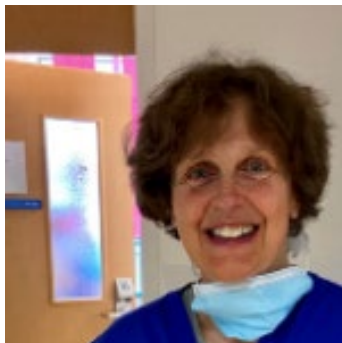
Elsewhere in this newsletter you will find updates from the trainee subcommittee, the Executive member for Northern Ireland and the Sustainability lead, as well as news about the trainees' meeting.

Like evidence to support stroke care, progress at BIASP continues apace: the challenge for both is how to keep up!

BIASP Executive Committee Posts Update

BIASP Executive Committee

BIASP are delighted to announce the
Reappointment of Dr Elizabeth Warburton as BIASP Treasurer for another term
and
Appointment of Dr Jason Appleton as BIASP External Engagement Lead
Both will be ratified at the AGM in December



Dr Elizabeth Warburton
BIASP Treasurer



Dr Jason Appleton
BIASP External Engagement Lead

BIASP Executive Lead for Northern Ireland Update



Dr Patricia Fearon
Executive Lead for Northern Ireland

Well ... there hasn't been much movement with regional reorganisation of stroke services in NI, as unfortunately we still do not have a devolved government. The Department of Health, NI, is still considering best way forward, but any proposed options are likely to require ministerial approval.

Nonetheless, our fantastic stroke teams across the region along with the regional Stroke Improvement Network continue striving to make improvements for stroke patients in NI.

[CLICK HERE](#) to read Dr Fearon's report which includes:

- Belfast Thrombectomy Study Day, February 23
- Regional Hyperacute Stroke Simulation Training
- Stroke Improvement Network

BIASP Trainee Subcommittee Update

Following the very successful Trainees Meeting in Cambridge in March, Isuru Induruwa has completed his role as chair of the Trainee subcommittee. Gordon Blair has taken up the role of chair. Gordon is a neurology registrar in Edinburgh who has previously completed a PhD with the Edinburgh Stroke Research Group. Shyam Kelavkar, currently a geriatrics registrar in London will take up the role of chair-elect.



Dr Gordon Blair
Trainee Subcommittee Chair

We would like to thank Isuru Induruwa for his work and dedication in chairing the committee and wish him well as he completes his training in stroke and geriatric medicine in the coming months.

BIASP Sustainability Update



Dr Bethan Davies
Sustainability Lead

BIASP are proud to be members of the UK Health Alliance on Climate Change and have supported the recent launch of the 10 commitments for action to mitigate and adapt to climate change.

We are already taking action in many of the areas, but in the coming months we will be particularly focusing on measuring our own carbon footprint and planning how we can achieve net zero emissions.

The Sustainability report this month includes:

- UKHACC 10 commitments
- Suggestions to reduce carbon footprint
- Dates for your diary

[CLICK HERE](#) to read Dr Davies' report in full

BIASP Trainees' Meeting 2023 Update

A huge thank you to everyone who attended the BIASP trainees meeting this year. Although we missed out on having a thrombectomy simulator; it was stuck at customs, and had some AV issues on the first morning, it was great opportunity to meet fellow stroke professionals, learn more about stroke medicine, share ideas and collaborate on new projects together.



Anglia Ruskin University, Cambridge

We would like to extend our gratitude to all the speakers, the stroke association for their sponsorship of this important event, to Fitwise and the other sponsors who helped make the event a success.



Dr Isuru Induruwa
Past Trainee Subcommittee Chair

With my CCT approaching in just over three months, I have handed over the reigns as trainee committee chair to Dr Gordon Blair, who I have no doubt will do a fantastic job in this role.

It has been an absolute pleasure representing stroke trainees over the last 2 years and I hope we continue to explore how we can further stroke medicine and stroke training together, for the benefit of our patients.

NEW 2023 National Clinical Guideline for Stroke

Updated National Clinical Guideline for Stroke now available

The 2023 edition of the National Clinical Guideline for Stroke for the UK and Ireland is now available. Over half the recommendations are new or have been updated. Big changes in the evidence base since the previous edition in 2016 have led to significant updates in three main areas:

A big expansion of patients eligible for thrombolysis and thrombectomy

More intensive interventions in secondary prevention – antiplatelets, cholesterol, blood pressure

More intensive rehab in hospital and at home to promote motor and language recovery.

This is a 'five nations' guideline for the first time ever, covering all of the UK and the Republic of Ireland. The guideline is endorsed for use in clinical practice by the Royal College of Physicians (London), the Scottish Intercollegiate Guidelines Network (SIGN) and the Royal College of Physicians of Ireland.

[CLICK HERE](#) for the Online-only publication

[CLICK HERE](#) for the plain language summary for people affected by stroke.

Over the next few Bulletins there will be links to each of the sections within the new guideline:

Guideline Development - [CLICK HERE](#)

Organisation of Stroke Services - [CLICK HERE](#)

BIASP Medical Student Essay Prize - Results

BIASP Medical Student Essay Prize 2023 Results

High Commended Entries:

[Libania Dias](#)

Click on name to read their essay



Is your member profile up to date?

You can now access the new and enhanced BIASP membership system. This allows us to know and understand our membership better to tailor the benefits we can deliver.



Please check and update your details, ticking all options which are relevant to you, particularly any other organisations you may also be a member of. This will only take a few minutes.

[CLICK HERE](#) to login to the members area.

Mentorship Programme



**We are now going live with the new BIASP mentorship scheme.
CPD approved, 3 points**

Many of you have volunteered to become mentors, or have requested to become a Mentee.

As part of this scheme we have developed online training materials which may be of interest also to those of you who have not yet volunteered to Mentor, and are free of charge for all members to complete. CPD points on completion of mentor training.

[CLICK HERE](#) for the flyer

[CLICK HERE](#) to access the training materials

Are you interested in being mentored?

We are also looking for mentees to participate in this programme. This opportunity is open to those enrolled in early specialty training, including IMT3, in a stroke parent specialty.

Register your interest by completing the form via the link [HERE](#)

BIASP Green Stroke Care Blog



The BIASP Green Stroke Care blog aims to present issues of relevance and interest to those working to improve the sustainability of stroke care for the benefit of people and planet.

We welcome a range of blogs from all those working in stroke care and stroke survivors from projects to personal reflections – please get in touch if you would like to submit an item admin@biasp.org.

[CLICK HERE](#) to read the blogs submitted

Member Benefits & Discounts

NEW Benefit for Current and New Members - 20% Discount

Our new benefit started on 1st June 2022 and is for those members who work less than full time, if you work 8 PAs or less, when membership is due for renewal or when a new member joins.



Current members should send in their job plan to admin@biasp.org at least one month before their renewal date.

The 20% discount will be applied upon review of the job plan.

Other Association discounts available for BIASP Members
[CLICK HERE](#) for more information



Stroke GIRFT National Specialty Report



Stroke GIRFT Programme National Specialty Report Review 12 - Financial impact and opportunities and additional findings from GIRFT questions

[CLICK HERE](#) to read the last report from Dr Richard Marigold

Research Updates & Opportunities



If you have any research opportunities you would like us to promote please email admin@biasp.org

Research Article

A randomised controlled trial of the effectiveness of surface neuromuscular stimulation using the geko™ device compared with intermittent pneumatic compression to prevent venous thromboembolism in immobile acute stroke patients

[CLICK HERE](#) to read the article

Surveys

RCP 2022 census of UK consultants and SAS doctors

At this critical time for the NHS workforce throughout the UK, please help influence national policy by completing this year's Physicians' Census.

[CLICK HERE](#) for more information

[CLICK HERE](#) to access the non-personalised link to the survey

[Different Strokes](#) is looking for feedback from healthcare professionals who have used or referred patients to their services.

By taking part and giving less than 15 minutes of your time – you will be helping to shape the future of support for working age stroke survivors in the UK.

[CLICK HERE](#) for the survey

Closing date **30 April 2023**



Stroke Association, Saving Brains Campaign



Thrombectomy saves brains, saves money and changes lives. It's one of the most effective medical interventions ever discovered. But most people who need this treatment don't get it. It's subject to availability.

Find out about the Stroke Association's campaign across the UK nations by clicking on the report for each nation:

Saving Brains in [England](#)

Saving Brains in [Northern Ireland](#)

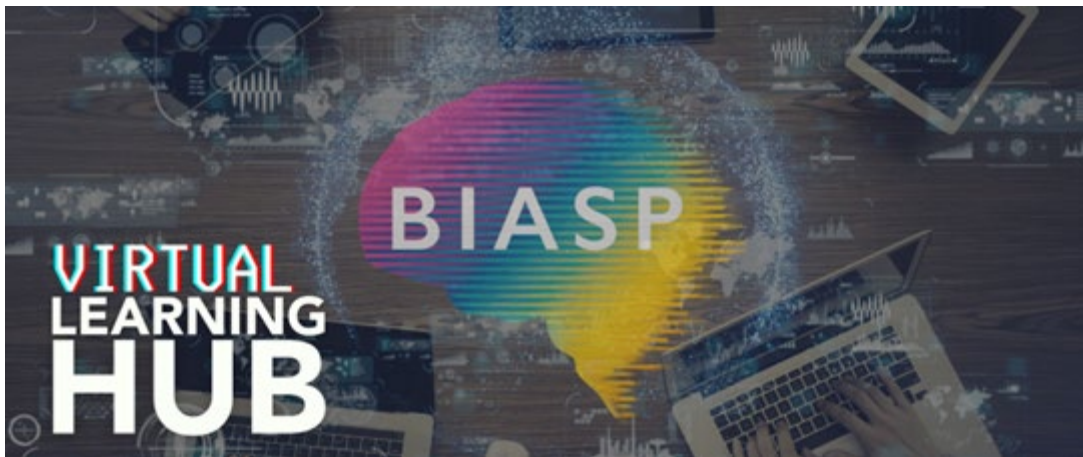
Saving Brains in [Scotland](#)

Saving Brains in [Wales](#), [Welsh version](#)

Thrombectomy in Republic of Ireland:

[Republic of Ireland](#)--the National Stroke Strategy 2020-2025 Endovascular thrombectomy p.27

Virtual Learning Hub



BIASP are hosting monthly 1-hour webinar sessions with the opportunity to ask the presenters questions at the end of each session. The live webinars will also be uploaded to the Virtual Learning Hub in the BIASP Members-only section for you to watch any time afterwards.

Each webinar is **free** to attend, you must register in advance for each live session. A certificate will be issued for those who attend more than 75% of the session, and complete a short evaluation that appears on the screen directly after the session.

Click [HERE](#) to view past webinars on the BIASP Virtual Learning Hub.

Date for 2023 for your diary, further details will follow:

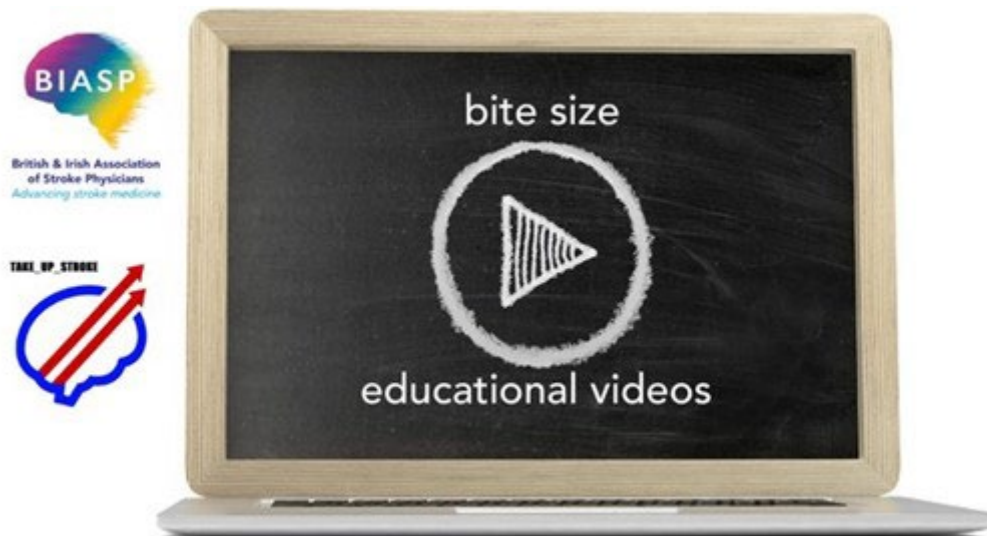
Webinar 21: Stroke Chameleons - May 31

Webinar 22: Lipids and new treatments - June 29

Webinar 23: Exercise interventions to promote cardiovascular health after stroke- Sep 21

Webinar 24: Stroke in the elderly - Oct 18

Bitesize Educational Hub



Bitesize videos are now available to view on the BIASP website.
Topics include:

- **Why I love Stroke**
- **Joys of working as an MDT**
- **Why I chose stroke as a career**
- **A patient's journey**

[CLICK HERE](#) to view them.

Contact admin@biasp.org for further information if these inspire you to film a video of your own.

Education

MRes in Stroke degree at Cardiff Met University for the 2023 entry

This FT or PT MRes in Stroke consists of:

3 taught modules each of 20 credits:

*2 are research methodology.

*1 module of clinical stroke from prehospital to longer term care

These 3 modules alone qualify for a PG cert.

The stroke module can be done alone to get 20 credits of CPD that can also be used as part of another qualification.

For the full MRes there is then a 120 credit research project and dissertation. The projects can be done back at the workplace.

[CLICK HERE](#) for the flyer

[CLICK HERE](#) for the link for MRes in Stroke

Master of Advanced Studies in Stroke Medicine 2024 - 2026

[CLICK HERE](#) for the flyer



The Stroke-Specific Education Framework (SSEF) [Role Profile for Advanced Clinical Practitioners](#) has recently been created and is now published, and freely available to all, on the SSEF Online Toolkit.

The Stroke-Specific Education Framework (SSEF) [Role Profiles for Nurses](#) (Bands 5-8) have recently been updated and are now published, and freely available to all, on the SSEF Online Toolkit.

The Stroke-Specific Education Framework (SSEF) [Role Profiles for Occupational Therapists](#) (Bands 5-8) have recently been updated and are now published, and freely available to all, on the SSEF Online Toolkit.

Different Strokes Charity for younger stroke survivors have a series of webinars every fortnight to engage with beneficiaries and health care professionals.

Webinars are accessible for all to see, [CLICK HERE](#)



Events

Upcoming events will be listed here in future, if you have an event you wish to promote please contact admin@biasp.org



18th UKSF 2023 - SAVE THE DATE

ICC Birmingham

4-6 December 2023

[CLICK HERE](#) for information

RCPE & RCSEd in Association with AoMRC Conference: Women in Leadership, 27 –28 April 2023

A two day event celebrating Women in Leadership. The event draws together an international collection of experts, inspiring role models and disruptors, with a one day conference at the Royal College of Physicians of Edinburgh followed by a one day interactive event with talks and workshops at the Royal College of Surgeons of Edinburgh. A social event on 27th April will allow speakers and delegates to network with like-minded individuals!

[CLICK HERE](#) for the programme and to register

British Geriatrics Society
Improving healthcare for older people

2023 Spring Meeting

Hybrid, in person and online
17 - 19 May, EICC Edinburgh

- Perioperative Care of older people - Celebrating 20 Years
- Cardiovascular Health
- Frailty and Sarcopenia
- Dementia and Delirium
- Rehabilitation and Major Trauma
- Workforce





2023 British Geriatrics Society Spring Meeting

Date: 17-19 May 2023

Location: EICC, Edinburgh and online

[CLICK HERE](#) for more information and to register

[CLICK HERE](#) for the programme

The meeting has applied for 18 live CPD credits.

ESOC 2023
24-26 May 2023

[CLICK HERE](#) for information flyer and to register

29 March 2023- Early registration deadline



National Conference in Medicine for the Older Person

University of Leicester [College Court Conference Centre](#),
Knighton Road, Leicester LE2 3UF

Wednesday 28th June 2023

The National Conference in Medicine for the Older Person is an excellent update on current issues in caring for the older person across all specialties. It is chaired by Prof Tom Robinson and Dr Jatinder Minhas and we invite you to join us for this highly informative CPD (6 point) accredited conference.

[CLICK HERE](#) for the programme

[CLICK HERE](#) to register

British Geriatrics Society
Improving healthcare for older people

2023 Trainees Meeting

Hybrid, in person and online
6-7 July, Manchester

Covering topics

- Stroke
- Rehabilitation
- Palliative Care
- Surgical liaison
- OncoGeriatrics
- Cognition

- Planning your career
- SCE exam preparation
- Quality improvement workshop





BGS 2023 Trainees Meeting

Save the Date, 6-7 July 2023

Registration is now open for the 2023 Trainees Meeting which is being held in Manchester this year (will also be available virtually).

[CLICK HERE](#) to register

The Trainees Meeting is always an excellent opportunity for care of the elderly trainees to come together (as well as those with a special interest/future career ambitions in geriatrics).



UK HEALTH
ALLIANCE ON
CLIMATE CHANGE

Net Zero Clinical Care Conference, London, 14 July 2023

BMJ and UKHACC present a new one-day in person conference to empower healthcare professionals to respond to the health emergency that climate change brings.

The conference will be free to attend.

[CLICK HERE](#) for further details on submission categories and process

The call for abstracts is now **OPEN**



**SAVE THE DATE – 2023 UK Stroke Research Workshop
26-27 September 2023**

The 2023 UK Stroke Research Workshop, organised under the auspices of the NIHR CRN Stroke Speciality and generously supported by the British and Irish Association of Stroke Physicians and the Stroke Association, will be held on 26th and 27th September 2023 in London. The meeting will be in person.

[CLICK HERE](#) for the flyer

Abstract submissions should be uploaded [HERE](#) by **30th June 2023**.

A number of fully funded bursaries (registration fees, accommodation and dinner as well as £100 towards travel) are available for medical students.

Venue and registration details to follow

**WSC 2023!
October 10-12, 2023 | Toronto, Canada
Early Bird Registration Open**

[CLICK HERE](#) to register to attend

The 15th World Stroke Congress (WSC 2023) will assemble the international stroke community to work together to reduce the burden of stroke by delivering improvements in prevention, treatment and recovery. Join global professionals to discuss the latest science, clinical trials, breakthroughs and guidelines to stroke prevention. Connect to a global network committed to provide quality stroke care through skill-building

and high-quality research and help us keep the stroke community united at WSC 2023!

[CLICK HERE](#) for more information

Abstract submissions extended to **2 May 2023** - for the range of topics [CLICK HERE](#)
[CLICK HERE](#) for Young Investigator Award eligibility and rules

Career Opportunities

BIASP lists NHS jobs on their website free of charge, to list your advert contact admin@biasp.org

Here are the latest adverts for NHS stroke jobs. Click below for further information.

[Consultant in Stroke Medicine](#), Norwich, closes 5 May

[Consultant in Stroke Medicine](#), Oxford, closes 7 May

[Consultant in Stroke Medicine](#), Nottinghamshire, closes 11 May

[Consultant in Medicine for Older People & Stroke Medicine](#), London, 12 May

[Locum Stroke Consultant](#), Abergavenny, closes 14 May

[Fixed Term Consultant in Stroke Medicine](#), Lincoln, closes 17 May

[Consultant Physician in Stroke Medicine](#), Telford, closes 17 May

Other Job Vacancy:

Internal Medicine/ Stroke Physician in Hawkes Bay, New Zealand, closes 28 April 2023

[CLICK HERE](#) for the advert

HEE Podcast

New podcast - Health Education England (HEE) releases podcast discussing stroke careers

The HEE Stroke Careers Podcast series takes an in depth look into stroke medicine careers including real life experiences, the career pathway and how we deliver care across the country.

This episode is jointly hosted by Dr Deborah Lowe, National Clinical Director for Stroke Medicine at NHS England and Dr Jon Cooper, Stroke Consultant in Yorkshire and the Humber and Postgraduate Dean at Health Education England. They discuss their career pathways, the benefits of a career in stroke, and opportunities for the future workforce.

You can listen to this podcast on HEE's [Anchor FM channel](#).

If you would like to learn more about Health Education England's work around stroke you can email: ltcp@hee.nhs.uk or visit the [stroke page on the HEE website](#).

Training Opportunities

Excellent and **freeonline stroke brain imaging training resources** at the University of Edinburgh:

- Acute cerebral CT evaluation of Stroke Study (ACCESS)
- BASP CT training lecture
- Acute CTA for thrombectomy in Stroke (ACTATS)

[CLICK HERE](#) to access the training

Free Neurology/Stroke Learning Resource

Neuropodcases is a free, podcast learning resource on clinical neurology and stroke, suitable for students, trainees, consultants and allied health professionals. These have been created by a team of Neurology trainees and consultants.

Podcasts are available to download on Apple/Spotify or via the website

<https://www.neuropodcases.co.uk/>

@NPodcases

If you have any suggestions please get in touch with us contact@neuropodcases.co.uk

Online NIHSS Training

To access the **free version** of the training individuals need to register and login [HERE](#)

Online training 'Hyperacute Stroke Treatments Including Thrombolysis & Thrombectomy' - STARS Advancing Module

[CLICK HERE](#) to access this resource for free. A certificate is awarded on successful completion of both the module and the module test.

British and Irish Association of Stroke Physicians, Blackburn House, Redhouse Road, Seafield, Bathgate, West Lothian, EH47 7AQ

Tel: 01506 292046

Email: admin@biasp.org

Website: www.biasp.org

Registered charity number: 1134589

Please note that if you unsubscribe you will receive no future updates from us for any relevant events etc that may be of interest to you. To unsubscribe, click [here](#)